Samoan Slap Dance

Hands-On Polynesia

2020

Lesson Plan for Movement Station

3rd-grade TEKS for music:

3C--Creative expression.  The student is expected to move alone or with others to a varied repertoire of music using gross motor, fine motor, locomotor, and non-locomotor skills and integrated movement such as hands and feet moving together;

3D--Creative expression.  The student is expected to perform simple part work, including rhythmic and melodic ostinati, derived from known repertoire

Practice Rhythm Pattern: 1-2-3-4-5

1. Walk into area clapping on 4 and 5
2. Spread out into personal space and stop
3. Begin Slap Pattern: 2 slaps each on Knees, Middle, Shoulders, Head, 2 claps above head
4. Repeat Pattern backwards
5. Walk around area keeping personal space, clapping on 4 and 5 then stop
6. Repeat Slap pattern ( C ) as before
7. Jump up and Freeze !